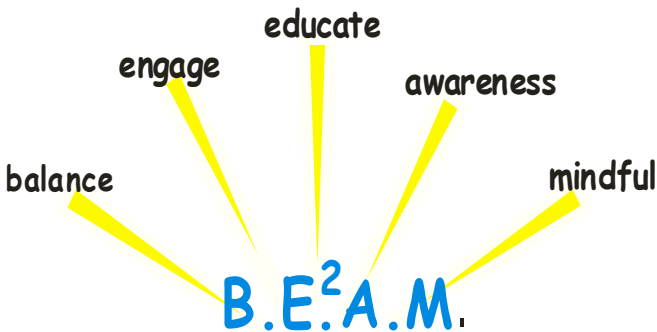


Tellington TTouch incorporates body work and ground work, where appropriate, to help improve *balance, educate & engage* the animal with its surroundings, brings *awareness* to human and animal, and one becomes *mindful*—respectful of the animal. TTOUCH teaches the animal to act, rather than simply react.



## Prairie Isle Dog Trekking™



Helen L. Corlew  
12301 Highway 2  
Petersburg, ND 58272

701-345-8554  
hcorlew@polarcomm.com

## Prairie Isle Dog Trekking™

### Tellington TTouch®

A gentle method to bring peacefulness and calmness to you and your pet



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**Tellington TTouch is a valuable tool that can help animals overcome a variety of problems including:**

- ⇒ BARKING
- ⇒ PULLING ON THE LEASH
- ⇒ JUMPING
- ⇒ SEPARATION ANXIETY
- ⇒ FEAR OF THUNDERSTORMS
- ⇒ FEAR OF FIREWORKS
- ⇒ INABILITY TO SETTLE DOWN
- ⇒ EXCITABILITY
- ⇒ TROUBLE WITH BASIC "MANNERS"
- ⇒ NOT WANTING TO BE HANDLED (GROOMING, VET, ETC.)
- ⇒ RECOVERING FROM SURGERY
- ⇒ FEAR BITING
- ⇒ OVERLY REACTIVE TO OTHER DOGS OR PEOPLE
- ⇒ DOES NOT TRAVEL WELL IN A VEHICLE

**A gentle method to bring the forces of you & your dog as one**



**The  
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eaches®**

## **TOOLS USED IN TTOUCH**

### **Groundwork**

- ⇒ ladder
- ⇒ labyrinth
- ⇒ cones
- ⇒ walking in balance
- ⇒ confidence building
- ⇒ step-in harness
- ⇒ head collars

### **Body work**

- ⇒ body wrap
- ⇒ calming bands
- ⇒ circular touches
- ⇒ lifts (leg and belly)
- ⇒ slides
- ⇒ extremity work

### **Calming signals**

- ⇒ learn to read your dog
- ⇒ learn how your body posture impacts your dog